

CURRICULAM VITAE

Dr. SWARUP GHOSH (PT)

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PROFESSIONAL OUTLINE:

- Working as **Assistant Professor** under School of Allied Health Sciences, Swami Vivekananda University, Barrackpore since 8th July, 2025 – till date.

SKILL:

- Strong Academic and Clinical Grounding
- Skilled in delivering Seminars, Academic lectures, and professional presentations
- Excellent communication and public speaking skills
- Research-focused and Evidence based practice
- Orthopedic & Sports Rehabilitation, Neurological Approaches, Pain Management, Manual Therapy (including Mulligan Techniques), Soft-Tissue Mobilization
- Rigid Taping, Cupping Therapy, Dry Needling, etc
- Proficient in essential computer operations, including Microsoft Office applications, documentation management, and routine administrative tasks.

GRADUATION DETAILS:

- **COLLEGE:** NOPANY INSTITUTE OF HEALTHCARE STUDIES, KOLKATA

DEGREE	UNIVERSITY	YEAR OF PASSING	EXAMINATIONS	RESULT (%)	ACHIEVEMENTS
BACHELOR OF PHYSIOTHERAPY (BPT)	THE WEST BENGAL UNIVERSITY OF HEALTH SCIENCES (WBUHS)	2022	1 st BPT Exam	72.47	- Distinction in Physiology - Topper
			2 nd BPT Exam	74.75	- Distinction in Electrotherapy II and Psychology & Sociology - Topper
			3 rd BPT Exam	77.20	- Distinction in General Medicine, Neurology & Neurosurgery, and General Surgery - Topper
			Final BPT Exam	77.1	- Distinction in PT Orthopaedics, PT Neurology & Neurosurgery, and PT Medicine - Topper

INTERNSHIP DETAILS:

- **STARTED:** 5th August, 2022
- **COMPLETED:** 4th February, 2023

5 th Aug, 2022 – 4 th Sept, 2022	ESI Hospital, Sealdah
5 th Sept, 2022 – 4 th Oct, 2022	BM Birla Heart Research Centre
5 th Oct, 2022 – 4 th Nov, 2022	Belle Vue Clinic
5 th Nov, 2022 – 4 th Dec, 2022	IPGMER & SSKM Hospital
5 th Dec, 2022 – 4 th Jan, 2023	Woodlands Multispecialty Hospital
5 th Jan, 2022 – 4 th Feb, 2023	Dr. BC Roy Post Graduate Institute of Pediatric Sciences

POST- GRADUATION DETAILS:

- **COLLEGE:** MAHARISHI MARKANDESHWAR INSTITUTE OF PHYSIOTHERAPY AND REHABILITATION (MMIPR), MAHARISHI MARKANDESHWAR (DEEMED TO BE UNIVERSITY), MULLANA, AMBALA, HARYANA, INDIA

DEGREE	UNIVERSITY	YEAR OF PASSING	EXAMINATIONS	RESULT (SGPA)	ACHIEVEMENTS
MASTER OF PHYSIOTHERAPY (MPT) in ORTHOPAEDICS	MAHARISHI MARKANDESHWAR (DEEMED TO BE UNIVERSITY)	2025	MPT 1 st Sem	8.35	Topper
			MPT 2 nd Sem	8.38	2nd Topper
			MPT 3 rd Sem	7.89	3rd Topper
			MPT 4 th Sem	8.19	2nd Topper

PATENTS GRANTED: 10

1. An International (UK) Patent on “**Physiotherapy Apparatus for Straight-Leg Raise (SLR) Test and Therapy (Patent no – 6434059)**” – published on May 20th, 2025
2. A Patent on “**GLOVES FOR MYOFASCIAL RELEASE**” (Patent no – 453757-001) – published on July 4th, 2025
3. A Patent on “**PLANTAR FASCIITIS THERAPY SHOES**” (Patent no – 457226-001) – published on July 11th, 2025
4. A Patent on “**MANIPULATION DEVICE FOR DEEP MUSCLE TRIGGER POINT THERAPY**” (Patent no – 461003-001) – published on September 29th, 2025
5. A Patent on “**NEURAL IGNATION MONITORING WEARABLE DEVICE**” (Patent no – 478763-001) – published on January 08th, 2026

6. A Patent on **“POSTURE CORRECTION SUGGESTING MIRROR”** (Patent no – **478760-001**) – published on January 13th, 2026
7. A Patent on **“SMART SOCKS”** (Patent no – **478942-001**) – published on January 21st, 2026
8. A Patent on **“PATELLO-FEMORAL JOINT STABILIZATION MODULAR DEVICE”** (Patent no – **478766-001**) – published on January 27th, 2026
9. A Patent on **“MUSCLE HEALTH MONITORING WEARABLE DEVICE”** (Patent no – **478764-001**) – published on February 17th, 2026
10. A Patent on **“SMART RELAXER”** (Patent no – **479070-001**) – published on February 17th, 2026
11. A Patent on **“FARADIC ELECTROTHERAPY REHABILITATION DEVICE”** (Patent no – **459956-001**) – published on March 25th, 2026

COPYRIGHTS PUBLISHED: 23

1. A Copyright Work on **“ADVANCED PHYSIOTHERAPY TREATMENT PROTOCOL FOR ILITIBIAL BAND SYNDROME”** (Diary no – **15179/2024-CO/L**) – published on July 11th, 2024
2. A Copyright Work on **“PHYSIOTHERAPY TREATMENT PROTOCOL FOR ADHESIVE CAPSULITIS”** (Diary no – **20094/2024-CO/L**) – published on August 29th, 2024
3. A Copyright Work on **“LUMBAR PROLAPSED INTERVERTEBRAL DISC – A CLINICAL PATHWAY”** (Diary no – **25268/2024-CO/L**) – published on October 21st, 2025
4. A Copyright Work on **“POST-OPERATIVE LUMBAR LAMINECTOMY IMMEDIATE PHASE IN-PATIENT ADVANCED REHABILITATION PROTOCOL”** (Diary no – **25756/2024-CO/L**) – published on November 8th, 2024
5. A Copyright Work on **“A 12-WEEK REHABILITATION PROTOCOL FOR CHILDREN BELOW 3 YEARS OF AGE WITH CONGENITAL TALIPES EQUINOVARUS POST PONSETI CORRECTION”** (Diary no – **28820/2024-CO/L**) – published on December 12th, 2024
6. A Copyright Work on **“ADHESIVE CAPSULITIS – A CLINICAL PATHWAY”** (Diary no – **25253/2024-CO/L**) – published on December 30th, 2025
7. A Copyright Work on **“CERVICAL SPONDYLOSIS – A CLINICAL PATHWAY”** (Diary No – **37082/2024-CO/L**) – published on January 15th, 2025
8. A Copyright Work on **“ADVANCED PHYSIOTHERAPY TREATMENT PROTOCOL FOR MANAGING POST-PARTUM COCCYDYNIA”** (Diary no – **38378/2024-CO/L**) – published on February 12th, 2025
9. A Copyright Work on **“ADVANCED PHYSIOTHERAPY PROTOCOL FOR PLANTAR FASCIITIS IN RECREATIONAL ATHLETES”** (Diary no – **38234/2024-CO/L**) – published on February 24th, 2025
10. A Copyright Work **“MENOPAUSE MOMENTUM: A HOME-BASED FITNESS PROTOCOL TO IMPROVE OVERALL SRENGTH** (Diary no – **35276/2024-CO/L**) – published on February 27th, 2025
11. A Copyright Work on **“ADVANCED PHYSIOTHERAPY TREATMENT PROTOCOL FOR OSGOOD SCHLATTER DISEASE”** (Diary no – **2018/2025-CO/L**) – published on April 3rd, 2025

12. A Copyright Work on **“FACET JOINT ARTHROPATHY – A CLINICAL PATHWAY”** (Diary no – 37086/2024-CO/L) – published on April 22nd, 2025
13. A Copyright Work on **“PHYSIOTHERAPY PROTOCOL FOR POSTURAL RE-EDUCATION AND SLEEP POSTURE OPTIMIZATION IN CERVICAL SPONDYLOSIS”** (Diary no – 2023/2025-CO/L) – published on July 18th, 2025
14. A Copyright Work on **“ADVANCED PHYSIOTHERAPY PROTOCOL FOR THORACIC OUTLET SYNDROME”** (Diary no – LD-17519/2025-CO) – published on August 18th, 2025
15. A Copyright Work on **“PATELLOFEMORAL PAIN SYNDROME – A CLINICAL PATHWAY”** (Diary no – LD-21105/2025-CO) – published on September 19th, 2025
16. A Copyright Work on **“SHOULDER IMPINGEMENT SYNDROME – A CLINICAL PATHWAY”** (Diary no – 25217/2024-CO/L) – published on October 13th, 2025
17. A Copyright Work on **“LUMBAR CANAL STENOSIS – A CLINICAL PATHWAY”** (Diary no – 37084/2024-CO/L) – published on November 27th, 2025
18. A Copyright Work on **“PHYSIOTHERAPEUTIC HOME-BASED EXERCISE PROTOCOL FOR FOOT PAIN”** (Diary no – LD-37105/2025-CO) – published on November 27th, 2025
19. A Copyright Work on **“PHYSIOTHERAPEUTIC HOME-BASED EXERCISE PROTOCOL FOR ELBOW PAIN”** (Diary no – LD-37108/2025-CO) – published on December 22nd, 2025
20. A Copyright Work on **“PHYSIOTHERAPEUTIC HOME-BASED EXERCISE PROTOCOL FOR NECK PAIN”** (Diary no – LD-37104/2025-CO) – published on December 22nd, 2025
21. A Copyright Work on **“ADVANCED PHYSIOTHERAPY PROTOCOL FOR PATIENT WITH BELL’S Palsy”** (Diary no – LD-36986/2025-CO) – published on December 22nd, 2025
22. A Copyright Work on **“PHYSIOTHERAPEUTIC HOME-BASED EXERCISE PROTOCOL FOR SHOULDER PAIN”** (Diary no – LD-37180/2025-CO) – published on December 30th, 2025
23. A Copyright Work on **“PHYSIOTHERAPEUTIC HOME-BASED EXERCISE PROTOCOL FOR KNEE PAIN”** (Diary no – LD-37109/2025-CO) – published on January 23rd, 2026
24. 24. A Copyright Work on **“MODIFIED CERVICOGENIC HEADACHE QUESTIONNAIRE”** (Diary no – LD-9280/2026-CO) – published on January 23rd, 2026

PUBLICATION:

1. Mondal K, **Ghosh S**, Chatterjee S, Saha M. Letter to Editor on "Self-stretching exercises with kinesio taping for management of chronic nonspecific neck pain in taxi drivers: A single-blind, randomized controlled trial". Complementary therapies in medicine. 2024 Dec; 87:103101. doi: [10.1016/j.ctim.2024.103101](https://doi.org/10.1016/j.ctim.2024.103101).
2. **Swarup Ghosh**. Letter to Editor on “Effectiveness of Adding Dry Needling of the Upper Trapezius Muscle to The Usual Physiotherapy for Managing Chronic Neck Pain: A Randomized Controlled Trial with a 7-Week Follow Up”. Int Clin Med Case Rep Jour. 2025; 4(4):1-2
3. **Ghosh S**, Goyal M, Goyal K. Does the Pillow Affect the Sleep Quality and Disability in Patients with Cervical Spondylosis? A Study Protocol for a Randomized Clinical Trial. Musculoskeletal Care. 2025 Jun;23(2): e70150. <https://doi.org/10.1002/msc.70150>
4. **Ghosh S**, Mondal K. Letter to Editor on "Tuina versus physiotherapy or a combination of both for the management of chronic nonspecific low back pain: A randomized controlled trial". Complement Ther Med. 2025 May; 89:103140. doi: [10.1016/j.ctim.2025.103140](https://doi.org/10.1016/j.ctim.2025.103140).

5. **Swarup Ghosh**. Letter to Editor on “Effect of Long-Term Cervical Extensor Exercise Program on Functional Disability, Pain Intensity, Range of Motion, Cervical Muscle Mass, and Cervical Curvature in Young Adult Population with Chronic Non-Specific Neck Pain: A Randomized Controlled Trial”. *Clinical Case Reports and Clinical Study*. 2025; 12(1). DOI: [10.61148/2766-8614/JCCRCS/2025](https://doi.org/10.61148/2766-8614/JCCRCS/2025).
6. **Ghosh, S.**, Mondal, K., & Goyal, M. (2025). The Impact of Online Interactive Platform Services on Oral Health Behaviors in Older adults with Mild Cognitive Impairment: Protocol for a Randomized Controlled Trial [Letter]. *Journal of Multidisciplinary Healthcare*, 18, 969–971. <https://doi.org/10.2147/JMDH.S522605>
8. **Ghosh, S.**, & Mondal, K. (2025). Comparing the Therapeutic Impact of Strain-Counterstrain and Exercise on Low Back Myofascial Pain Syndrome: A Randomized Trial [Letter]. *Journal of Multidisciplinary Healthcare*, 18, 469–471. <https://doi.org/10.2147/JMDH.S516790>
7. **Ghosh, S.**, Maurya, S., & Pattnaik, S. (2025). The Effectiveness of Acupuncture on Myofascial Trigger Points versus Traditional Chinese Medicine Acupoints for Treating Plantar Fasciitis with Low Back Pain: A Study Protocol for a Randomised Clinical Trial [Letter]. *Journal of Pain Research*, 18, 1111–1113. <https://doi.org/10.2147/JPR.S523473>
8. **Ghosh, S.**, Pattnaik, S., & Mondal, K. (2025). Exercise Into Pain in Chronic Rotator Cuff-Related Shoulder Pain: A Randomized Controlled Trial With 6-Month Follow-Up [Letter]. *Open Access Journal of Sports Medicine*, 16, 25–26. <https://doi.org/10.2147/OAJSM.S523216>
9. **Ghosh S**, Goyal M, Goyal K. Effect of pillow on pain, disability and sleep quality in patients with chronic neck pain: A systematic review. *Rehabilitación*. 2025 Jul 1;59(3):100922. <https://doi.org/10.1016/j.rh.2025.100922>
10. **Swarup Ghosh**, Saptarshi Mondal, Raveena Kothari. Efficacy of Manual Therapy and Exercise Interventions in Sacroiliac Joint Dysfunction: A Literature Review. *Int J Multidiscip Trends* 2026;8(4S):01-06. DOI: [10.22271/multi.2026.v8.i4a.987](https://doi.org/10.22271/multi.2026.v8.i4a.987)
11. Saptarshi Mondal, **Swarup Ghosh**, Soumi Das. Effect of Short-Term Neural Mobilization on Sensory Symptoms and Function in Acute Lumbar Radiculopathy: A Pilot Study. *Int J Multidiscip Trends* 2026;8(4S):49-56. DOI: [10.22271/multi.2026.v8.i4a.996](https://doi.org/10.22271/multi.2026.v8.i4a.996)
12. Raveena Kothari, Swarup Ghosh. Digital and Technology-Assisted Physiotherapy in Intensive Care Units: A Scoping Review of Emerging Applications. *Int J Multidiscip Trends* 2026;8(4S):70-75. DOI: [10.22271/multi.2026.v8.i4a.999](https://doi.org/10.22271/multi.2026.v8.i4a.999)
13. Ghosh, S., Mitra, S., Biswas, P., & Dutta, P. (2026). Combined effect of Mulligan's medial rotation MWM with traction and posterior capsular stretching on pain, function, and ROM in bicompartmental tibiofemoral osteoarthritis knee: A case report. **Indian Journal of Physical Therapy**, 7(2), 273–281. <https://doi.org/10.63299/ijopt.07021ab3>
14. Mitra, S., & Ghosh, S. (2026). Effect of inspiratory muscle training on pulmonary function in post COVID-19 patients: A pilot study. **Indian Journal of Physical Therapy**, 7(2), 282–287. <https://doi.org/10.63299/ijopt.07021ab4>
15. Biswas, P., Ghosh Dostider, S., & Ghosh, S. (2026). Effect of dynamic neuromuscular stabilization combined with postural re-education in a patient with mechanical low back pain: A case study. *Indian Journal of Orthopaedic Physiotherapy (IJOPT)*, 7(2), 256–263. <https://doi.org/10.63299/ijopt.07021ab1>
16. Ghosh, S., Ghosh Dostider, S., Bhattacharyya, S., & Rajbanshi, C. (2026). Efficacy of postero-superior fibular glide in the management of acute ankle sprain: A case report. *International Journal of Innovative Science and Research Technology, Special Issue (ICVDRS-2026)*, 68–72. <https://doi.org/10.38124/ijisrt/26jun1599>
17. Ghosh Dostider, S., Ghosh, S., & Mitra, S. (2026). Comparative effectiveness of cryotherapy and contrast bath in sports recovery: A literature review. *International Journal of Innovative Science and Research Technology, Special Issue (ICVDRS-2026)*, 12–20. <https://doi.org/10.38124/ijisrt/26jun1588>

18. Bhattacharyya, S., & Ghosh, S. (2026). Effective backward walking in chronic nonspecific low back pain – A case report. *International Journal of Innovative Science and Research Technology, Special Issue (ICVDRS-2026)*, 1–5. <https://doi.org/10.38124/ijisrt/26jun1590>

BOOK CHAPTER:

1. **Swarup Ghosh**. Role of an Optimal Cervical Pillow on Pain, Disability and Sleep Quality in Managing Chronic Neck Pain. *The Power of Multidisciplinary Perspectives in Academic Research* 2025. Vol 1: 6-13 (ISBN: 978-81-993959-4-7)
2. **Swarup Ghosh**, Zubaida Iftekhar Mahi Burnwal Afrazuddin Ahmed Jahhvi Rai. Advanced Physiotherapeutic Interventions for Managing Patients with Knee Osteoarthritis. *The Power of Multidisciplinary Perspectives in Academic Research* 2025. Vol 1: 99-104 (ISBN: 978-81-993959-4-7)
3. OSTEO MANUAL SUMMIT 2025 - **Swarup Ghosh**, Sourav Mitra, Prithwiraj Dutta. Effectiveness of Gross Arm Pull Technique in conjunction with Cranial Base Release on Pain, Range of Motion and Disability in patients with Cervical Spondylotic Radiculopathy: A Case Series. (ISBN: 978-93-343-9851-9)
4. **Swarup Ghosh**, Anmol Kumar, Sharmishtha. Strength and Neuromuscular Training Approaches to Improve Balance in Children with Developmental Coordination Disorder. *Global Dimensions of Multidisciplinary Research and Innovation* 2025. Vol 2: 388-95 (ISBN:978-81-995443-6-9)
5. **Swarup Ghosh**. Neuromodulation Approaches for Gait and Cognitive Rehabilitation in Parkinson's Disease: Focus on Repetitive Transcranial Magnetic Stimulation and Vagus Nerve Stimulation. *Global Dimensions of Multidisciplinary Research and Innovation* 2025. Vol 2: 396-401 (ISBN:978-81-995443-6-9)
6. **Swarup Ghosh**. Intercostal Stretching or Strengthening? A New Perspective on Interstitial Lung Disease Rehabilitation. *Multidisciplinary Research Performance and Global Academic Excellence* 2026. (DOI:10.65647/msp/103/2026; ISBN: 978-81-996376-1-0)
7. **Swarup Ghosh**, Suvrajit Modak. Are Physiotherapy Interventions Effective in Managing Sleep Disturbance Associated with Chronic Low Back Pain? A Critical and Evidence-Based Perspective. *Contemporary Perspectives in Physiotherapy: Evidence-Based Rehabilitation Across Diverse Clinical Domains* 2026. (ISBN: 978-81-995321-9-9)
8. **Swarup Ghosh**, Dipanjan Konar. Biomechanical and Therapeutic Considerations in the Management of Scheuermann's Kyphosis. *Contemporary Perspectives in Physiotherapy: Evidence-Based Rehabilitation Across Diverse Clinical Domains* 2026. (ISBN: 978-81-995321-9-9)
9. **Swarup Ghosh**, Souvik Karmakar. Manual Therapy for Achilles Tendinopathy: Myth, Mechanism, or Meaningful Relief? *Academic Synergy: A Multidisciplinary Research Outlook* 2026. (DOI:10.65647/msp/108/2026; ISBN: 978-81-999601-7-6)

CONFERENCE PAPER:

1. **Ghosh S**, Goyal M. Effects of Pillow and it's Types in Individuals with Chronic Neck Pain: A Literature Review. *Journal of Clinical & Diagnostic Research*. 2024 Aug 2;18. DOI: [10.7860/JCDR/2024/75516.20025](https://doi.org/10.7860/JCDR/2024/75516.20025)
2. **Ghosh S**, Goyal K, Goyal M. Novel Cervical Pillow: A Case Series on its Effectiveness in Alleviating Pain and Enhancing Sleep in Patients with Cervical Spondylosis. *Journal of Clinical & Diagnostic Research*. 2025 Sep 2;19. DOI: [10.7860/JCDR/2025/80478.21748](https://doi.org/10.7860/JCDR/2025/80478.21748)
3. Gupta S, Sharma R, **Ghosh S**, Dave J, Bhatia K. Effectiveness of Kinesiotaping on Seventh Cranial Nerve Palsy: A Literature Review. *Journal of Clinical & Diagnostic Research*. 2025 Sep 2;19. DOI: [10.7860/JCDR/2025/80478.21609](https://doi.org/10.7860/JCDR/2025/80478.21609)
4. Kumar A, Sharma R, **Ghosh S**, Dave J, Bhatia K. Effectiveness of Advanced Non-invasive

Electrocutic Interventions on Gait Rehabilitation in Parkinson's Disease: A Literature Review. Journal of Clinical & Diagnostic Research. 2025 Sep 2;19. DOI: [10.7860/JCDR/2025/80478.21833](https://doi.org/10.7860/JCDR/2025/80478.21833)

5. Sharma R, **Ghosh S**, Dave J, Bhatia K. Effectiveness of Kinesiotaping in Managing Medial Tibial Stress Syndrome in Athletes: A Literature Review. Journal of Clinical & Diagnostic Research. 2025 Sep 2;19. DOI: [10.7860/JCDR/2025/80478.21841](https://doi.org/10.7860/JCDR/2025/80478.21841)

6. Kumar G, Sharma R, **Ghosh S**, Dave J, Bhatia K. Effectiveness of Kinesiotaping and Shockwave Therapy in Managing Osgood's Schlatter Disease: A Literature Review. Journal of Clinical & Diagnostic Research. 2025 Sep 2;19. DOI: [10.7860/JCDR/2025/80478.21577](https://doi.org/10.7860/JCDR/2025/80478.21577)

7. **Ghosh, S.**, Mitra, S., & Dutta, P. (2026). Combined effect of gross arm pull technique and suboccipital inhibition on pain, range of motion, and disability in patients with cervical spondylosis with radiculopathy: A case series. Journal of Clinical and Diagnostic Research, 20(Suppl. 1), 38. Abstract No. 51. <https://doi.org/10.7860/JCDR/2026/90232.23821>

ADDITIONAL EDUCATIONAL QUALIFICATION:

1. **Certificate Course in Orthopedic Manual Therapy (COMT)** from **Capri Institute of Manual Therapy**, held in Indore from 20/06/25 to 22/06/25 and 04/07/25 to 06/07/25

2. **Certified Pulmonary Rehab Specialist (CPRS) Level 1 & 2** from International Health and Fitness Association (IHFA) held in Kolkata from 14/06/25 to 15/06/25 (Resource Person: Dr. Samana Sayed)

3. Certification in **Webinar** titled "**Physiotherapy Management in ICU**" from 22/05/25 – 30/05/25; Contact hours – **16** (Resource Person: Dr. Subin Solomen MPT, Manipal)

4. Attended 2 Day Hands on Workshop on "**Cupping Therapy & Dry Needling Therapy**" on 7th-8th March, 2025 held in Chandigarh (Resource Person: Dr. Satyen Bhattacharjee, PhD)

5. Certification in **Webinar** titled "**Management of Peripheral Nerve Injuries including Brachial Plexus Injuries**" from 06/01/25 – 11/01/25; Contact hours – **12** (Resource Person: Dr. Subin Solomen MPT, Manipal)

6. Certification in **Webinar** titled "**Low Back Ache**" from 17/12/24 – 22/12/24; Contact hours – **08 hours** (Resource Person: Dr. Asish John, PhD)

7. Attended 2 Days Hands on Workshop on "**Spinal Mobilization & Manipulation**" from 16-17th November, 2024 held in Kolkata; Contact hours – **16** (Resource Person: Prof. (Dr.) Manu Goyal, PhD)

8. Certification in "**Physical Diagnosis and Manual Therapy Practice – Module 1 (Spine)**" with **contact hours: 40**, from 01/07/24 – 05/07/24, offered by Swami Vivekanand National Institute of Rehabilitation Training & Research, Cuttack, Odisha (Resource Person: Dr. PP Mohanty)

9. Certification in **Webinar** titled "**Pain Management using IFT & TENS**" from 01/05/24 – 03/05/24; Contact hours – **08** (Resource Person: Dr. Subin Solomen MPT, Manipal)

10. Certification in **Webinar** titled "**Integrated Approach in Stroke Rehabilitation**" from 16/04/24 – 21/04/24; Contact hours – **16** (Resource Person: Dr. Subin Solomen MPT, Manipal)

11. Value Added Course on "**Ergonomics at Workplace**" – **20 hours duration**, from Sept 2023 to April 2024, offered by MM Institute of Physiotherapy & Rehabilitation, MM (DU), Mullana, Ambala, Haryana.

12. Certification in “**Cupping Therapy**” with **8 CEC Hours**, offered by **Cortex Sports Therapy Association** (Resource Person: Dr. Rishabh Arora)

AWARD:

- Awarded the **First Prize** for PG - Paper Presentation in Physio Research Summit 2025, MMIPR, MM(DU), Mullana, Ambala
- Awarded the **First Prize** for “Novel Cervical Pillow for Spine Care – Innovation” in Physio Hackathon on World Physiotherapy Day 2024
- Awarded the **Third prize** for PG - Paper Presentation in 61st IAP National Conference 2024, Dehradun
- Awarded the **GOLD MEDALIST** for Bachelor of Physiotherapy at Convocation 2023
- Awarded **Mr. Sudesh Kumar Agarwal Memorial Scholarship Award** for Academic Excellence by Nopany Institute, Kolkata
- Awarded the **First prize** for UG - Poster Presentation in 59th IAP National Conference, Kolkata

Place: Barrackpore



Signature